



Pamela Moriarty's passion for cooking and eating inspired her to write *Sharing Sweet Secrets - Gluten & Wheat Free*. Diagnosed with Coeliac disease 20 years ago, Pamela used her skills as a professional cook to create the fabulous, fun and funky recipes in this book.

She has been cooking professionally for more than 20 years. Pamela is now writing a book on savoury dishes for people who need this special diet.